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## Psoriasis of the scalp/Flaky scalp

Juniper recommends the following routine to reduce itch and assist in the treatment of psoriasis of the scalp and flaky scalp.

## Evening

Massage **Ultra Calm Replenishing Cream** or **Medi Balm** into the affected area and leave it overnight.

## **Following Morning**

To wash the Medi Balm out of the hair use an appropriate shampoo and conditioner for the condition.

Before wetting the hair, apply the shampoo to lift the oils, rinse, and then wash and condition as usual. If you wet the hair first the oils from the balm will lock in and cause a greasy appearance.

Thank you for trusting Juniper and we look forward to giving you the gift of healthy skin.